

## MEDITATION

### Thoughts from me...Carolyn

During this interim period when you did not hear from me, God was calling me to spend more time alone IN HIS PRESENCE. I knew in my heart that God was asking me to step out of my usual routine (comfort zone). He was specific in what He asked of me. He was calling me to be obedient.

*(Moses was called by the Lord to come apart with Him. I know God calls each of us to come apart with Him. This is the first time He has called me to "let go" of a task and leave it for a season...I tried to end this season apart with God two different times. God kept saying "not yet...I will let you know".*

### God gave me 3 specific directions this time...

1. Place every Prayer Request & Praise Report in the UPT Prayer Box  
*(God said: CFOers worldwide will be lifting the Prayer Box to Me!)*
2. Send all Requests & Praises to UPT Council Ring (first-hand pray-ers)  
*(God said: UPT Council Ring prays together on a Phone Conference Call every Tuesday evening. They are faithful to look for emails with requests and praise reports...faithful to persevere in prayer as Holy Spirit guides)*
3. I was to spend more "alone time" with God.  
*(God said: "I never sleep, nor slumber. I am always interceding and I begin praying even before a prayer request is spoken out-loud")*

### Sharing With You (passages which spoke to me during this time)

**From Sarah Young's Devotional "Jesus Calling" Sept. 21st  
(Psalm 5: 3 & 1 Kings 19: 12)**

Wait quietly in My Presence while My thoughts form silently in the depths of your being. Do not try to rush this process because hurry keeps your heart earthbound.

I am the Creator of the entire universe, yet I choose to make My humble home in your heart. It is there where you know Me most intimately. It is there where I speak to you in holy whispers.

Ask My Spirit to quiet your mind so that you can hear *My still, small voice* within you. I am speaking to you continually...words of Life...Peace...Love. Tune your hear to receive these messages of abundant blessing...

*Lay your requests before Me and wait in expectation.*

**From "Ministries of Francis Frangipane"  
(Adapted from Francis Frangipane's book "The Days of His Presence")**

If Satan cannot distract you with worldliness, He will overwhelm you with weariness. Indeed, how easy it is to wear ourselves out. Even good works done without recharging ourselves in God can drain us of life and energy.

Daniel speaks of a time at the end of the age when the enemy will attempt to "wear down the Saints of the Highest One" (Daniel 7: 25). God never intended for us to do His will without His Presence.

The power to accomplish God's purpose comes from Prayer & Intimacy with Christ. It is here, closed in with God, where we find an ever-replenishing flow of spiritual virtue.